

Services to Seniors Coalition – North Shore

Co-Chairs

- Trish Alsop, *North Shore Neighbourhood House, and John Braithwaite Community Centre*
- Margaret Coates, *Lionsview Seniors' Planning Society*

About the Coalition

The **Lionsview Seniors' Planning Society** is the host agency for the Services to Seniors Coalition – North Shore. The Coalition has been operating since 1992 and is the planning table for issues facing seniors and services to seniors on the North Shore. The 50+ participating organizations and individuals represent a wide spectrum of service providers. We come together as the Coalition to network, plan services and supports strategically and set priorities and target resources for collaborative action.

Contact the Coalition

C/o Lionsview Seniors' Planning Society
1733 Lions Gate Lane
North Vancouver
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Email: lions_view@telus.net
www.lionsviewseniorsplanning.com

NOTES

Tuesday, November 19, 2024

12:00 pm to 1:30 pm

By Zoom

1. Welcome
2. Land Acknowledgement
3. Introductions:

Lionsview Seniors Planning: Margaret Coates, Joni Vajda, Wallis Dixon

North Shore Neighbourhood House: Lea

Disability Alliance: Pam Horton

North Shore Community Resources: Kathy Jarvis

Capilano Community Resources: Austin Neaves

Parkgate Community Services: Kelsey Grass, Angela Sealey

Community Resource Network: Sarah Gibson

Family Services of the North Shore: Robin Rivers

Hollyburn Family Services: Veronica Traille

Alzheimers Society: Amelia Gellies

North Vancouver City Library : Rakhshanda Ansari

West Vancouver Foundation: Stacey Graham

Comfort Keepers: Betty Wills

Vancouver Coastal Association of Family Councils: Lisa Dawson

West Vancouver Seniors Activity Centre: Davida Watilla, Madi Gaffney

4. Presentations

1) Shaheen Khanmohamed and Kaveh Hajighazi , Intellectual Disabilities Society

Mission Statement: We help individuals with intellectual disabilities develop the skills necessary for independence and active living in our community.

Homeshare Program:

This program is designed to match families with people with Intellectual disabilities to provide them with housing and support.

Physically and mentally strong seniors who have a bedroom in their home might be interested in having someone share their home and lives with them.

The intellectual diverse individual will have mild disabilities and able to live a rich busy life that would require support with life skills.

The family/ senior will receive \$1300/mo - \$4000/mo depending on the needs of the person with a disability. They will also receive \$841/ rent (shelter portion).

For many homeowners, this non-taxable payment is an income booster.

Many of the diverse individuals have aged out of the Provincial Government supported children's program and range in age between 18-30yrs. These individuals must be able to self advocate with their daily life skills. They often will require support with higher functioning tasks such as paying bills. This housing opportunity is one step up from Community Group Home situations.

There are currently 16 families with 21 client matches on the North Shore. There is currently a greater need for families taking in clients. People are reluctant to share their homes since COVID.

Staff meet with families and work to create the best match options. IDS Staff provide regular monthly visits to homes.

Contact information:

Shaheen Khanmohamed/ Kaveh Hajighazi

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Phone: 604-984-9321

2) Lisa Dawson, Chair - Vancouver Coastal Association of Family Councils

The Vancouver Coastal Ass. Of Family Council was created to provide input and support for families of loved ones living in long term care facilities.

Prior to inception, LTC operated with a hospital model of care with many residents experiencing trauma and isolation. The goal of the Council was to shed light on the importance of creating a homelike environment in all aspects of daily living for residents in long term care.

Families are encouraged to talk/share/and make a difference to the lives of residents. They have adopted an appreciative, collaborative approach, finding positive solutions with a collective voice. They meet regularly with all professionals providing the best care possible for their loved ones.

Power point slides available on Lionsview website.

<https://www.lionsviewseniorsplanning.com/seniors-coalition>

Research connects I Exploring resident and family councils in long-term care homes. Dr. Sheila Novek, post-doctoral fellow at the UBC School of Nursing

<https://www.youtube.com/watch?v=EueYiV637CU>

-- Ministry of Health (conversations, information, updates)

New Minister of Health: Josie Osborne [Josie Osborne Background](#)

Parliamentary Secretary for Seniors' Services and Long-Term Care: Susie Chant

[Susie Chant information](#)

Tiffany Ma - Associate Deputy Minister, Ministry of Health

Whaley Mark Andrew Armitage - Associate Deputy Minister, Ministry of Health

Maureen O'Donnell - Associate Deputy Minister, Ministry of Health

Diana Clarke - Associate Deputy Minister, Ministry of Health

Alexandra Faye Butler - Acting Associate Deputy Minister, Ministry of Health

(Energy and Climate Solutions: Adrian Dix)

5. Updates

North Van City Library – Rakhshanda

- Seniors Gathering enjoyed an excellent presentation on Extreme Clutter with Sarah Gibson. December meeting will be a craft session on creative gift tags.
- Device Clinics continue to be well attended and popular.
- Book Deliveries are offered every week.

Family Services of the North Shore – Robin

- Partner with NVC library to host a grief support group. Also offered at Mollie Nye House. These 2 programs are offered 3 times a year/ 2 groups at a time.
- Caregiver Support Groups: Dementia program held at Parkgate on Tuesdays and on-line program offered.
- Individual support is offered to isolated and lonely seniors with friendly phone call and visiting program.

Alzheimer's Society – Amelia

- Margaret Fulton – VCH Adult Day Program is very full. Waitlist is 3 years.
- West Van – VCH Adult Day Program has a 2-month waitlist.
- Cap Services offers My Lions Gate Break. Nonmedical adult day program
- Parkgate Seniors offers My Parkgate Break. Nonmedical adult day program.

West Van Seniors – Madi

- Lots of walk ins/phone calls
- Housing applications

North Shore Community Resources – Kathy

- The volunteer outreach team are helping with “On Offs” requests from community.
- Better @ Home – house keeping services are full, waitlist available.

Hollyburn Family Services – Veronica

- There is increase in number of seniors who are not connected to anyone. This is difficult to provide support for but highlights that there are many seniors that are at extreme risk in our community.

Community Support Network – Sarah

- Seniors are at risk due to extreme clutter in their homes. VCH OAMHT have limited \$ resources to support individuals make their home safe again.

Alheimers Society - Amelia

- Attended United Way Summit on AGEING. Annwen was the MC and was amazing. Found the summit to be informative.
- Squamish Elders – Have been in the process of developing a MAPPING SENIORS NEEDS and prioritizing them program. This is a structured and deliberate way of supporting the older members of the community.
Kate Kittredge – Squamish Nation is the contact person. Also involved with staff training. They would like to have their own division of the CRN for their band members.
Could we ask if she would come and speak to the coalition about the work they are doing.

6. Next meeting: January 21, 2025, at 12:00

Lionsview Seniors' Planning Society acknowledges and honours that we live and work on the unceded territories of the Coastal Salish people, including the St'at'imc, S? wxwú7mesh (Squamish), x?m??k??y??m (Musqueam) and s?!?ilw?ta?? (Tseil-Waututh).