

Services to Seniors Coalition – North Shore

Co-Chairs

- Trish Alsop, *North Shore Neighbourhood House and John Braithwaite Community Centre*
- Margaret Coates, *Lionsview Seniors' Planning Society*

About the Coalition

The ***Lionsview Seniors' Planning Society*** is the host agency for the Services to Seniors Coalition – North Shore. The Coalition has been operating since 1992 and is the planning table for issues facing seniors and services to seniors on the North Shore. The 50+ participating organizations and individuals represent a wide spectrum of service providers. We come together as the Coalition to network, plan services and supports strategically, and set priorities and target resources for collaborative action.

Contact the Coalition

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Agenda

Tuesday, November 16, 2021

12:00 pm to 1:30 pm

By Zoom

- 1. Welcome: by Trish and Margaret (2 minutes)**
- 2. Acknowledgement – Trish A.**

The Committee acknowledges and honors that we live and work on the unceded territories of the Coastal Salish people, including the St'at'imc, Skwxwú7mesh (Squamish), xʷməθkʷəy̓əm (Musqueam) and səliłwətaʔt (Tsleil-Waututh) Nations

- 3. Introductions Trish A.**
- 4. Presentations – Joni**

a) North Shore Emergency Management

John Hawkes-Manager Planning and Resilience

John provided us with an overview of the work North Shore Emergency Management is currently working on. NSEM is unique because it is a tri-municipal organization supported by DNV, WVD and CNV. The team is a small and mighty group that is supported by large numbers of very experienced and knowledgeable volunteers.

The 4 pillars of NSEM: Prevention, Preparedness, Response, and Recovery.

John is currently working on a plan to support communities in extreme weather events. There is a list of 56 emergency hazards that relate to the North Shore. Many of these have been tested this past year.

Jocelyn Hewson- Community Education lead

Jocelyn's primary NSEM responsibilities are emergency preparedness and bringing this message to the community. Her community presentation is 45 minutes long. She was able to briefly talk about the important aspects of making your plan.

Pam Horton, Disability Alliance, expressed an interest in having input into the plan that is being developed.

John and Jocelyn welcomed this feedback and will be inviting groups to provide community input soon.

b) Hollyburn Family Services

Susan Soloman- Supervisor Seniors Housing Program

Chrissa Rassias – Case worker

Veronica Traile – Case worker

The Seniors Outreach Team presented an overview of the services that Hollyburn Family Services provides. The Pandemic has created challenges for vulnerable citizens and has shone a light on homelessness and vulnerabilities in our community.

The team have seen a significant increase in the need for support services. They provide a full complement of services and programs to meet this increasing demand. Case workers provide support for individuals in all aspects of daily living; ex. Providing access to medical doctors, support in financial settings, housing advocacy and providing counseling to build confidence and self-esteem. Many clients must leave a life and network of people behind to move forward in their new lives.

c) Family Services of the North Shore – Accessing the Christmas Bureau. A conversation was led by Margaret, Annwen with Robin's help

5. Community Updates/information sharing.

- **North Shore Neighbourhood House – Trish A.**

Food Bank- Wed program - 240 people walked in.

This provides support to 510 people, 130 of these are seniors.

Seniors Programs –

Bus Trips and Drop-in Fitness Classes are popular with wait lists.

NSNH will not be hosting a holiday luncheon this year.

The Dec 22 Food Bank will be festive with Opera Singer and special treats. The singer will be transported by tricycle to the Kiwanis Housing Complex on this day.

- **Silver Harbour Seniors Activity Centre – Annwen L.**

Silver Harbour, as approved by the environmental health officer, will be offering coffee/tea/wrapped cookies in person Monday to Friday 11 am – 1 pm in the auditorium only. This will begin sometime in November. Vaccine checks and masks continue to be required when not eating and drinking.

The Centre is currently offering 42 of its 70 programs.

Christmas Craft Fair is November 26 and 27.

- **Capilano Community Services – Melanie M.**

Participants of the bus trips must show proof of vaccination.

Programs are operating at 50% capacity.

Looking forward to the opening of the new Lions Gate Community Centre in mid January.

Currently hiring a program co-ordinator for My LionsGate Break program.

Other possible programs: Walking Club, Persian speaking group, Men's Shed, Women's Shed.

- **North Shore Community Resources – Sue C.**

Better at Home services include housekeeping, home repairs, gardening and shopping help.

Urgent medical appointment transportation is available.

Several caregiver groups are happening.

Seniors One Stop - This phone information and referral service is very busy. Volunteers are fielding questions regarding: housing, financial concerns, transportation, and support filling in forms. Volunteers are currently involved in training. Appointments can be made in advance for seniors wanting to speak to someone in person.

Trisha Andrews

Family Services of the North Shore: Robin Rivers

There is continued support for seniors through weekly phone calls, online monthly support group for family and friend caregivers and drop-in sessions for caregivers at Silver Harbour, Parkgate and North Shore Neighbourhood House at John Braithwaite Community Centre. Our counsellors are available for one to one support on a sliding fee scale.

Christmas Bureau is reaching out to low-income seniors who received support last year. For those who would like to apply this year, they can register online

<https://www.familyservices.bc.ca/find-support/christmas-bureau/> or call 604-984-9627.

6. Next meeting – Tuesday January 18, 2022

- 7. Lionsview Seniors' Planning Society acknowledges and honours that we live and work on the unceded territories of the Coastal Salish people, including the St'at'imc, Sḵwxwú7mesh (Squamish), xʷməkʷəy̓əm (Musqueam) and səlilwətaʔ (Tsleil-Waututh) Nations.**