Caregivers Connect Grant

- Funded for 2.5 years
- United Way- Healthy Aging Grant
- 17 programs funded across BC
- Supported by Family Caregivers of BC
Caregivers at risk for mental health issues

As population lives longer caregivers are caring for adults with increasingly complex needs- chronic disease, dementia, life-limiting conditions.
BC Caregiver Profile

44% co-reside
58% are adult children (average age of care recipient is 86.4)
21% are spouses (average age of care recipient 79.6)
Caregivers in Distress

“29% of unpaid caregivers are experiencing symptoms of distress such as anger, depression or feelings of not being able to continue with their caregiving duties”

Office of the Seniors Advocate BC, 2017
Program Outcomes:

• Improve caregiver psycho-social support, knowledge and confidence
• Help facilitate connections with health care teams
• Prevent caregiver burnout
Program Overview

Free support, connection and resources for family and friends caring for older adults who live at home
Caregivers Connect Drop-in Programs

- Support Groups
- Relaxation Groups
- Educational Workshops
- Counselling

Check schedule at www.familyservices.bc.ca
Partners/Locations:

Silver Harbour Seniors Centre
North Shore Neighbourhood House
Parkgate Community Services
Capilano Community Services

Services co-scheduled with Seniors’ programs
Caregiver Connect Registered Programs

- Clinical Counselling
- Grief Support Group
- In-home volunteer visits

Call Intake at 604-988-5281
Contact Information

Robin Rivers, Program Manager
rivers@familyservices.bc.ca
604-988-5281
Questions?