

# Taking Action to Create a Better Future in LTC That Supports Quality of Life

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Action for Reform of Residential Care  
(ARRC) BC

[www.rrcbc.ca](http://www.rrcbc.ca)

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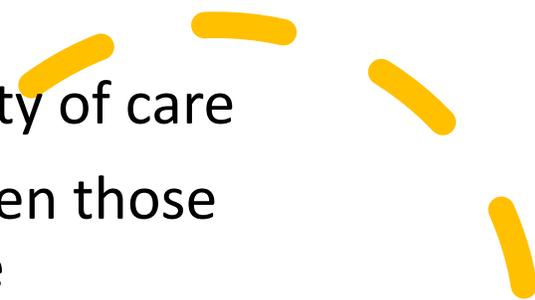


# Action for Reform of Residential Care (ARRC)

- Our aim is quality of care and life for LTC residents
  - Build on awareness of long standing, systemic issues in quality of facility care revealed by COVID
  - Advocate for vulnerable, invisible, voiceless LTC residents and their families
  - Support government in taking action to reform LTC



Quality of life  
makes life  
worth living

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- Quality of life requires quality of care
  - Care is a relationship between those receiving and providing care
  - Quality of care is linked to quality working conditions
  - Quality of life requires
    - meaningful and sustainable relationships between residents and care providers
    - a sense of belonging
    - sources of meaning including activities
    - moments of feeling well and feeling accepted

# LONG STANDING SYSTEMS ISSUES

- Precarious work force, inadequately supported
- Institutional medical model
- Task focus rules
- Positioning of families
- Funding/resources have not kept pace with increasing care needs
- Inadequate physical environment/equipment
- Q of care/life inadequately monitored
- Enforcement and penalties for licencing infractions lacking
- Inadequate accountability for public funds

# Need for Action remains Urgent

Pandemic only exacerbated long standing issues – still there

National Guidelines not a panacea- not mandated or funded

Government initiatives/responses are piecemeal

Conditions are no better since beginning of pandemic

# Government Response/Initiatives

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Increased staffing levels to minimum of 3.36 hours of direct care per resident day, on average

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Ended contracting out of food and housekeeping services

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No longer require individuals to accept the first appropriate bed that came available

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Individuals (or their substitute decision maker) must consent to placement in LTC

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Levelled wages across all LTC staff to enhance recruitment and retention

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Increasing number of care aides through new Health Care Access program

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BC-wide funding model for more transparency, consistency and sustainability

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Health Authorities to support RFCs & host semi-annual regional council meetings

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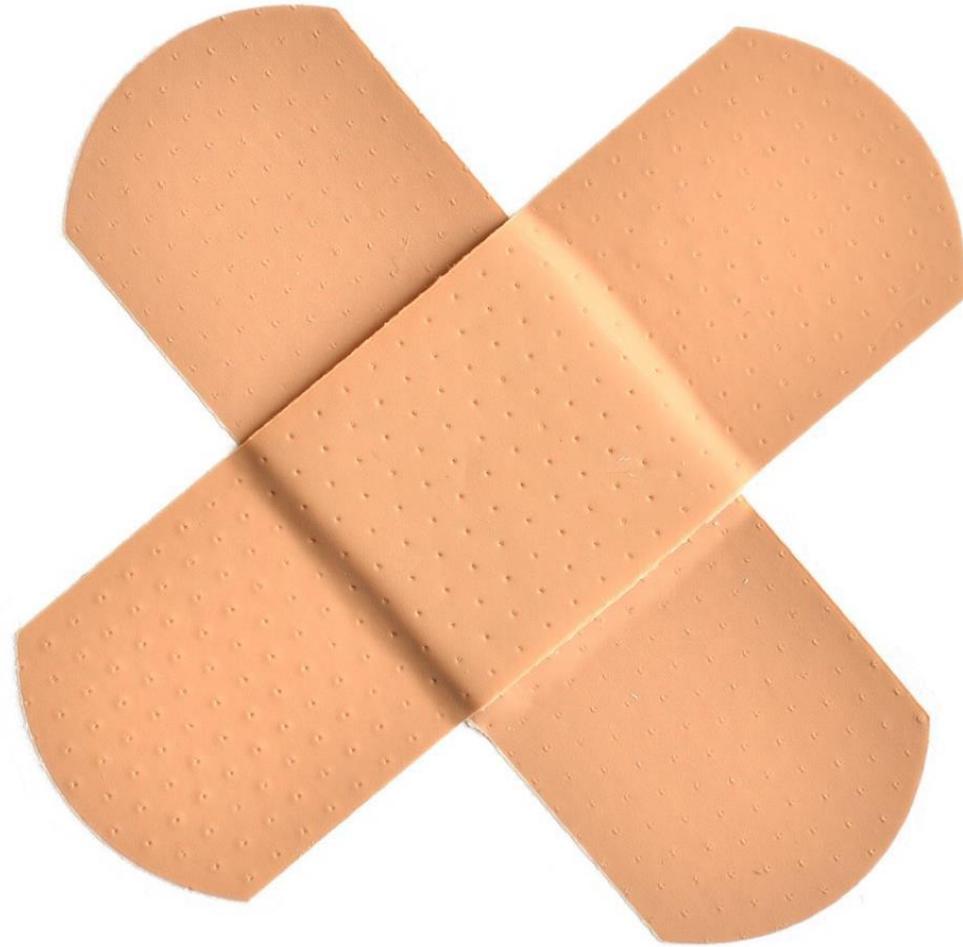
Replace old LTC homes/eliminate multi-bedrooms; new beds in public sector

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PIECES to enhance LTC staff skills on the management of behaviours

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# **NO MORE BANDAIDS- REFORM LTC**



# The Way Forward

Move away from an institutional/medical model of care to a more humane person-centered relational model where care is provided by an adequate number of well supported staff empowered to facilitate quality of life and human rights, and where families are partners in care.



# A Reformed LTC System is Person Centred



- Culture/leadership that facilitates quality of life
- Emphasis on social, emotional and relational care
- Workforce that is well educated and supported
- Appropriate numbers and mix of staff
- Q of care/life standards that are effectively monitored and enforced with penalties
- Mandated supported independent Family Councils
- Less institutional physical environments
- Increased accountability for care and spending public dollars

# Our Ask- Provincial Advisory Forum to Guide a Plan for Systemic Reform

- Articulate a vision for a comprehensive reformed long term care system
- Create action plan to implement the vision
- Independent Chair
- Diverse multi-stakeholder engagement
- Build on widely supported ARRC recommendations
- Structured to ensure all voices are heard and part of decision making
- Provincial funding and roll out

# What does it take for reform?

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- A model supported by policies and practices grounded in values and principles
- Strengthening of entire continuum
- More money so standards can be implemented
- More staff, appropriate staff and consistent staff – higher wages, increase status
- Wage parity across/between sectors
- Accountability for care and public funds
- Political will
- Public demand
- **Action by YOU!!**



# ARRC Series

To increase awareness  
about state of LTC &  
impact on resident quality  
of life

To mobilize public to  
demand government  
reform LTC

# What you can do

Join the letter writing campaign

<https://act.newmode.net/action/bc-association-social-workers/take-action>

Tell your story

Educate your network about need for reform of LTC system

Join ARRC as an individual or organization [www.ARRCBC.ca](http://www.ARRCBC.ca)

Contact

[maccourtp@gmail.com](mailto:maccourtp@gmail.com)



Follow this series-email [arrcbc@shaw.ca](mailto:arrcbc@shaw.ca) for link

Jul 26	<i>Lessons Learned in Therapeutic Recreation During COVID-19</i>
Aug 23	<i>What's for Dinner? Hoping for the</i>
Sept 27	TBA
Oct 25	<i>Communication and Quality of Life</i>
Nov 22	<i>Strengthening LTC Communities from Within- Residents and Families Make A Difference with What They Have/Their Voices - Part 1</i>
Jan 10	<i>Strengthening LTC Communities from Within- Residents and Families Make A Difference with What They Have/Their Voices - Part 1</i>
Feb 14	<i>t's My Home- Working Together to Make Sure LTC is Truly Home</i>
Mar	TBA

Thank you

for your time and  
participation  
tonight and for  
the actions we  
know you will  
take!

