

## OLDER AND WISER: Test your knowledge of issues of aging

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### Older **AND WISER** Tom Carney



Quiz time!

For this year's edition of the Seniors Quiz, our seventh for those keeping track, all questions are sourced from one of the reports done by the B.C. Office of the Seniors Advocate.

Is seven your lucky number? We are about to find out but first let's keep the legal beagles in the crowd happy: a senior is a British Columbia resident aged 65 or older and while this information is believed to be correct I have been known to get a few of the answers to my own quiz wrong.

With that out of the way let's begin.

#### **Question 1: How many seniors call B.C. home?**

- a) 500,000
- b) 750,000
- c) 820,000
- d) 1 million

Fact: The number of seniors in B.C. is projected to grow to 1.35 million, or 24 per cent, by 2031.

#### **Question 2: What percentage of seniors live in urban areas?**

- a) 13 per cent
- b) 33 per cent
- c) 53 per cent
- d) 63 per cent

**Question 3: How many British Columbians live in residential care?**

- a) 12,000
- b) 27,000
- c) 59,000
- d) 100,000

**Question 4: What percentage of seniors aged 85 and over has no diagnosis of dementia?**

- a) 20 per cent
- b) 40 per cent
- c) 60 per cent
- d) 80 per cent

Fact: At any one time approximately 50,000 British Columbians are living with a diagnosis of Alzheimer's or other dementias.

**Question 5: What percentage of seniors own their own home?**

- a) 50 per cent
- b) 60 per cent
- c) 70 per cent
- d) 80 per cent

**Question 6: What percentage of seniors live alone?**

- a) 16 per cent
- b) 26 per cent
- c) 36 per cent
- d) 46 per cent

**Question 7: What percentage of seniors in B.C. are 85 or older?**

- a) 4 per cent
- b) 8 per cent
- c) 12 per cent
- d) 14 per cent

Fact: the total number of seniors aged 85 and over in B.C. is approximately 115,000.

**Question 8: What percentage of seniors in residential care facilities is taking nine or more medications?**

- a) 21 per cent
- b) 31 per cent
- c) 41 per cent
- d) 51 per cent

**Question 9: What is the median income of seniors in B.C.?**

- a) \$24,600
- b) \$44,600
- c) \$66,600
- d) \$88,600

**Question 10: What percentage of higher income seniors has access to an extended benefits plan?**

- a) 45 per cent
- b) 65 per cent
- c) 85 per cent

d) 100 per cent

**Question 11: What percentage of B.C. seniors are employed?**

- a) 1 per cent
- b) 11 per cent
- c) 31 per cent
- d) 51 per cent

**Question 12: What percentage of seniors on home support have an unpaid caregiver?**

- a) 27 per cent
- b) 57 per cent
- c) 77 per cent
- d) 97 per cent

**Question 13: What percentage of seniors receive assistance payments for their Medical Services Plan (MSP)?**

- a) 12 per cent
- b) 32 per cent
- c) 52 per cent
- d) 72 per cent

**Question 14: What percentage of seniors have a regular general practitioner?**

- a) 32 per cent
- b) 52 per cent
- c) 72 per cent
- d) 92 per cent

**Question 15: In 2014, what percentage of seniors evaluated through the Driver Medical Exam Report (DMER), were referred to DriveAble for cognitive assessment?**

- a) less than 3 per cent
- b) less than 5 per cent
- c) less than 25 per cent
- d) less than 50 per cent

**Bonus question: According to the 2011 Census, what percentage of B.C. seniors cannot hold a conversation in English?**

- a) 5.77 per cent
- b) 7.66 per cent
- c) 10.66 per cent
- d) 12.66 per cent

We're done. Time to tally your score.

**Answers:** 1.c 2.d 3.b 4.d 5.d 6.a 7.d 8.d 9.a 10.b 11.b 12.d 13.b 14.d 15.a Bonus question b.

Remember, the idea here isn't to get a perfect score, it's to exercise your brain and learn something new.

Hope you enjoyed it.

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