

ANNUAL REPORT 2009 - 2010

North Building, 600 West Queens Road North Vancouver, B.C. V7N 2L3

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MISSION STATEMENT

The aim of the Lionsview Seniors' Planning Society is to act as a strong voice for seniors on the North Shore through research, planning and education.

We promote the participation of seniors in the ongoing coordinated planning and delivery of health, social and other activities that affect the quality of our lives.

BOARD OF DIRECTORS 2009 - 2010

Deanna Charlton - PRESIDENT

Gordon Stewart -VICE PRESIDENT

Vivien Christison - SECRETARY

Sheila Gilmour - TREASURER

Anita Dadson - PAST PRESIDENT

Dolly Cartwright – Director

Alan Jones – Director

Francis Levine – Director *

John O'Neill – Director

Jane Osborne - Director

Pat Overgaard – Director

Gordon Stewart – Director

* Francis Levine resigned during the term

STAFF

Tom Carney, Coordinator

ADMINISTRATIVE SUPPORT

Joan Beddoes, Administrative Assistant

Lionsview Seniors' Planning Society AGM 2009-10

Board Biographies 2009-10

Never doubt that a small group of thoughtful, committed citizens can change the world: indeed, it's the only thing that ever has. Margaret Mead

Dolly Cartwright

Known as a genuine volunteer, Dolly has been involved in organizations such as the Red Cross, a founder of Zone Representatives, the Royal Canadian Legion, the North Shore Health Board, and North Shore Volunteers for Seniors. She has received numerous awards including the West Vancouver Citizen of the Year Award and most recently the BC Community Achievement Award and has shown dedication and desire to make the community a better place for everyone.

Deanna Charlton

Deanna has two daughters and has lived on the North Shore since 1978. She is a retired RN and her nursing career spanned 17 years in general surgery at St. Paul's hospital. Prior to entering nursing she had a 20 plus year career in business, primarily as a purchasing and inside sales manager for an analytical chemistry company and several electronic firms. Her hobbies and interests include seniors and community issues, music, photography and travel. She is currently a member of the Board of the Keep Well Society and President of the Lionsview Seniors Planning Society.

Vivien Christison

Born in Scotland, Vivien received her BA in Economic History and Politics from Strathclyde University, Glasgow and later a Diploma in Gerontology from Simon Fraser University, Burnaby. She has also completed the Business Mediation program at BCIT. Vivien's work experience was gained as a human resources specialist and manager in both the private and public sectors. She has significant experience in health care and has worked at a senior level in both acute (B.C. Children's Hospital) and long term care. On the North Shore, Vivien was the Administrator of the former Kiwanis Lodge (intermediate care facility) in West Vancouver and most recently was the Coordinator of the Seniors' One Stop Information Line. Over the years she has held a number of volunteer positions, including Board member of Yaletown House Intermediate Care Society in Vancouver and of B.C. Mental Health Society (Riverview Hospital) as well as being a participant in the North Shore Community Housing Action Committee. Vivien retired in March of 2007 and now looks forward to a fulfilling period of volunteer participation. Optimistic and always open to opportunities for learning, Vivien is currently the Secretary to the Board of Lionsview Seniors' Planning Society.

Anita Dadson

Anita has worked tirelessly for more than 30 years advocating for the development of community services for people with developmental and severe disabilities as well as seniors. She is the Past President of the Board of the Lionsview Seniors' Planning Society, working on housing and transportation issues relating to seniors and the disabled community. She is also past president of the BC Association of Community Living and the current President of the BC Family Network. Anita has been awarded the Freedom of the District Award from the District of North Vancouver, the YMCA Woman of Distinction Award and the BC Community Achievement Award. Anita is a caring and committed individual who has worked and continues to work hard for the betterment of her community

Sheila Gilmour

Sheila was born on Leigh-on- Sea, Essex, England. She did her training in Southend General Hospital and then graduated as a midwife from the City of London Maternity Hospital. After the war she worked at the Royal Free Hospital in London. She came to Canada with a nursing friend and moved to North Vancouver in 1963. She is now the proud grandmother of eight. Sheila has been active with Lionsview since it began in 1989. She was President of the Society from 1995 through to 1999 and was the Chair of the Housing Committee until 2008. Sheila was instrumental in starting and sustaining many worthwhile organizations including the Progress Centre, the Capilano Community Services Society and the North Shore Community Foundation.

Alan M. Jones

Alan was born in Montreal and lived in the Capilano Highlands area of North Vancouver from 1956 to 2007. Now a resident of West Vancouver, he worked as an executive of a piping contractor company. Alan has been involved in a number of community projects over the years and he looks forward to continuing as a Board member with Lionsview.

John O'Neill

John has been a member of the Board of Directors and the Housing Committee for twelve years. He is interested in advocacy to meet the appropriate housing, health care and financial needs for people as they experience and deal with changing challenges in their lives because of the aging process. John is a retired United Church Minister.

Patricia Overgaard

Pat is married to Dagg and lives in Lynn Valley. They have two grown children and three grandsons. Her career as a Dietician/Nutritionist laterally was spent in the employ of Dial a Dietitian where she answered daily inquiries from the public for almost twenty years. Other interests are sports, music, church and seniors' issues and following her grandsons' lives and careers. Pat is a Past President of the Society.

Jane Osborne

Jane Osborne is a recovering businessperson who has discovered the joys of community development and volunteerism. Jane's business experiences over some 35 years include stints with IBM, UBC Computing Centre and Metro Vancouver as information technology manager, systems analyst and project manager as well as several years as an independent management consultant specializing in planning, facilitation, organization development and project management. Over the past 10 years, Jane has focused her energies on project and volunteer work both provincially and in her North Vancouver community with the BC Association of Community Response Networks as a Regional Mentor and North Shore Adults Support Network as Co-coordinator & Project Manager. Jane also volunteers for: North Shore Restorative Justice Society as a Facilitator and North Shore Volunteers for Seniors as a one-to-one outreach person.

Gordon Stewart

Gordon's involvement in North Shore concerns began in 1981 as pastor at Capilano Community Church. He also chaired the United Way North Shore for several years, served on the Board of SPARC BC, Lionsview and Keep Well North Shore. Returning to Lionsview is prompted by a continuing concern for advocacy focused on health, housing and transit issues, both for seniors and working poor.

Lionsview Seniors' Planning Society

North Bldg. 600 W. Queens Road, North Vancouver, B.C. V7N 2L3 Telephone: (604) 985-3852 Fax: (604) 988-7105Email: lions-view@telus.net

Minutes of the Annual General Meeting September 17, 2009 held at Maple Room, 600 West Queens Road, North Vancouver, BC

Welcome and Introductions

Deanna Charlton, President welcomed members and guests.

Constitution of the Meeting

There being a quorum, the meeting was called to order at 1.05 pm by the President Deanna Charlton. There were 21 members, 3 guests, the Auditor and the Coordinator present.

Minutes of the 2008 AGM

The Minutes of the AGM of September 18, 2008 were circulated in the 2008 Annual Report.

Motion: Moved by Alan Jones, seconded by Anita Dadson that the Minutes of the Annual General Meeting of 2008 be accepted as presented. Carried.

Treasurer's Report

The Audited Financial Statements for the period April 01, 2008 to March 31, 2009 were presented by Finance Committee Chair, Sheila Gilmour. The Auditor has made no recommendations for changes in how the Society manages its finances.

Sheila noted that the Auditor, Peter Isaac was in attendance and would answer any questions pertaining to the audited statements. There were no questions. Sheila thanked Peter Isaac for looking after the audit and for his assistance in providing advice and guidance on updating the Society's accounting system.

Sheila also noted that the Society's finances are stable and that a second of a possible three annual grants has been received from the United Way of the Lower Mainland. The Society is dependent on grants and the three North Shore municipalities have contributed again for 2009, for which the Society is very grateful. Private donations, a Legion donation and the income from the annual fundraising event have also been much appreciated.

Motion: Moved by Sheila Gilmour, seconded by Pat Overgaard that the Auditor's Report be accepted as presented. Carried.

Motion: Moved by Sheila Gilmour, seconded by Gordon Stewart that Peter Isaac be appointed as Auditor for financial year 2008 – 2009. Carried.

Motion: Moved by Gordon Stewart, seconded by Alan Jones that the Society thank Peter Isaac for his continuing support of Lionsview Seniors' Planning Society. Carried.

President's Report

September, participation in the partnership that organised the Forum on Housing, ongoing housing advocacy initiatives and the current status of the effort to bring a 24 hour Respite Centre to the North Shore. In the course of the discussion, John Glavin made an interesting suggestion on a way to increase membership in the Society. This wide ranging review reminded us just how busy the year had been and the extent of the contribution that the Society is able to provide to the community.

Adjournment

The meeting was adjourned at 1.55 pm.

During a short intermission, members and guests enjoyed circulating and meeting new members.

Guest Speaker

Richard Walton, Mayor of the District of North Vancouver was introduced by Sheila Gilmour. Mayor Walton opened with a story about his community connection to Sheila and her family. He used this to highlight his commitment to education as a valuable way of ensuring good community decision making.

Over the following 30 minutes, Mayor Walton made a very interesting and fact filled presentation on the Official Community Plan and its impact on the community. He shared his own hopes and emphasised the need for widespread community participation in developing the overall vision for North Vancouver. Once this vision is in place he plans that it will be much used guide to any implementation actions that follow. Among the top issues identified by District citizens are the need to achieve demographic inclusiveness at both ends of the age spectrum, housing issues and the needs of young singles, couples and families. Mayor Walton closed by taking questions and a lively exchange of views and information followed.

Gordon Stewart thanked Mayor Walton both for his frankness and for his ability to show the close connections between and the importance of health, housing and transportation planning. All these are topics close to the Society's' heart.

PRESIDENT'S REPORT

I am pleased to report that it has been another busy and interesting year for the Lionsview Seniors' Planning Society.

Lionsview is a non profit Society dedicated to the interests of seniors on the North Shore. Membership in the Society is open to anyone who is interested in working with others to ensure the participation of seniors in planning and delivering programs and services in the community. We work to empower seniors to make decisions and establish priorities related to seniors' services. And we strive to ensure that relevant community sectors are involved and committed to the planning process. Our mandate is to conduct research and education and to be advocates for seniors on the North Shore. Our goal is to support all North Shore Seniors in being healthy, independent and connected members of the community.

Speaking of being connected, Lionsview has just launched a new Website. The Website will increase our profile in the community and allow us to keep our members fully informed on our activities. We thank the students from the Interactive Design Program at Capilano University and Living Well 50+ Home Services Incorporated, for helping us with the Website. Be sure to check us out at www.lionsviewseniorsplanning.com

We have had a number of successes and a few disappointments this year. These are covered in this report. Funding our activities, especially in these days of financial restraint, remains a concern. We are very grateful to the three North Shore Municipalities, the United Way of the Lower Mainland, Service Clubs and community organizations, individual members and donors who fund our Society. Donors are acknowledged elsewhere in this report. A special thanks goes out to Dolly Cartwright and members of her family for hosting our main fundraiser, a Salmon Barbeque, in her lovely garden at her home, in West Vancouver.

We accepted, with regret, the resignation of Board member Frances Levine this year. Jane Osborne is a community volunteer, the Coordinator of the North Shore Adult Support Network and is a welcome addition to our Board.

Lastly, a big thank you to the Executive Committee, the Board, the Committee Chairs, our Coordinator, Tom Carney and Joan Beddoes, our volunteer Secretary. Your contributions and dedication to our Society are much appreciated.

Respectfully submitted

Deanna Charlton, President

COORDINATOR'S REPORT

Once again it has been a privilege serving as the Coordinator of the Lionsview Seniors' Planning Society this year.

We can celebrate a number of successes in 2009-2010.

In March this year we launched our new Website. The Website allows us to share information with our members, our community partners and the general public about the work we do in supporting seniors on the North Shore. The Website features our new logo and there is information about our work on housing, on the Services to Seniors Coalition- North Shore, on media, how to contact us and more. The Website, www.lionsviewseniorsplanning.com, was designed by a group of students from the Interactive Design Program at Capilano University.

We made a commitment three years ago to improve our communication with our members throughout the year and the third edition of our Newsletter, 'The Link', published in March 2010, was very well received

Our partnership with the United Way of the Lower Mainland, now in its second year, has allowed us to strengthen our Services to Seniors Coalition program on the North Shore and to be part of a larger network of Seniors Planning Tables in the Metro Vancouver region.

We followed up the "Housing the North Shore Forum" with a series of three mini forums that brought people across the North Shore together to share and develop a vision of how our community can be more inclusive and sustainable. Two of our board members Viv Christison and Jane Osborne have been instrumental in making these Forums a success.

Our column, "Older & Wiser," that appears bi weekly, in the North Shore News continues to generate interest and promote discussion on a wide variety of issues that affect seniors on the North Shore.

In closing, I would like to thank the Board and the members of the Society for their support this past year. I want to recognize the leadership provided by Deanna Charlton, our President, the Executive and the Committee Chairs, Pat Overgaard in Membership, Sheila Gilmour in Finance and Viv Christison in Housing, in moving the Society forward this year. Joan Beddoes, our Secretary, has provided a steady hand to our organization. Finally, thanks to Peter Isaac, our accountant, whose dedication to Lionsview has been invaluable to me this past year.

Tom Carney

Coordinator

HOUSING COMMITTEE REPORT

The purpose of the Housing Committee is to respond to the needs expressed by North Shore seniors for well located, accessible and affordable housing that allows seniors to continue to live on the North Shore, preferably in their own communities.

In the last year we have worked to identify a research project and are hopeful that in 2010/2011 we will make a grant application to assist us in reducing evictions among seniors.

The Housing Committee was one of three partners that worked together to present the successful North Shore Housing Forum in May of 2009 and since then we have continued to participate in Housing the North Shore Network. HNS presented three further community workshops — one in each municipality - on affordable housing. This undertaking has created valuable new connections and I hope we can develop further partnerships with those agencies that provide housing to people with disabilities and to people who are at risk.

Another initiative flowing from Housing the North Shore was the Housing Committee's decision to advocate for additional supply of rental housing. This is a very challenging undertaking and we confined our efforts to coming to terms with its complexities and then providing relevant input to the District of North Vancouver's Official Community Plan and Housing Strategy. The Housing Committee is now examining further ways in which to undertake effective advocacy on rental affordability.

Amongst our most steadfast, long-term Committee participants are the Social Planners from the three North Shore Municipalities. We are very grateful to them for their willingness to keep us up to date and to work with us as community partners. They add a great deal to our proceedings.

I am also indebted to members of the Housing Committee for their constructive comments and thoughtfulness. This has helped us to address the issues and concerns that have come our way over the past year.

Respectfully submitted Viv Christison

Committee: M-L Berryman [to January 2010], T. Carney, V Christison [Chair], M Clark, Roy Duncan, Sheila Gilmour, J. O'Neill, D. Peters, J. Roberts and Pat Scarlett [from January 2010]

Resource People: Phil Chapman, Cheryl Kathler, Stephen Mikicich

MEMBERSHIP COMMITTEE REPORT

The Membership Committee of the Lionsview Seniors' Planning Society has had a busy year.

The Membership Committee is responsible for recruiting new members and maintaining the Membership List for the Society. The Society currently has 50 members.

The Committee is responsible for the conduct of the Annual General Meeting (AGM) including making recommendations to the membership, at the AGM, for the election of new members to the Board of the Society.

The Committee makes a recommendation to the Board of the Society regarding nominations for an Honorary Lifetime Membership in the Society. The Membership Committee did not make a recommendation to nominate anyone for this honour this year and that is not unusual. The Honorary Lifetime Membership category was initiated in 2007. Mary Segal is the first and only Honorary Member of the Society.

The Membership Committee ensures that the Society complies with the Societies Act that we maintain our good standing as a Registered Charity in the Province of British Columbia and with the Canada Revenue Agency and that we conduct our affairs in accordance with our Constitution.

The Committee is also charged with developing a Communication Strategy with our members. This will include, at a minimum, the preparation of the Annual Report, the preparation of our Annual Newsletter "The Link" and a Member's Survey. We released the third edition of "The Link" in March 2010. Look for the first member's survey in the fall of 2010.

All of our hard work has resulted in some solid accomplishments this past year. First the Membership Committee oversaw the development of our new Website. We think this marks a huge step forward for our organization. We also redesigned our brochure and have developed some new volunteer positions for the Society.

Finally, I would like to thank my fellow Committee Members, Anita Dadson, Dolly Cartwright, and Alan Jones for their contribution this year. I would also like to thank Tom Carney, our Coordinator, who serves as the Secretary to the Committee, for his support this past year.

Respectively submitted

Pat Overgaard Chair Membership Committee

Lionsview Seniors' Planning Society AGM 2009-2010

SERVICES TO SENIORS COALITION - NORTH SHORE

Lionsview has acted as the host agency for the North Shore Services to Seniors Coalition since the service began in 1992. The Services to Seniors Coalition is often referred to and is probably best known simply as the Coalition. The Coalition's 40 member agencies include representatives from health, community and social service providers, housing, transportation, recreation, the faith community, government and more.

The purpose of the Services to Seniors Coalition-North Shore is to facilitate the effective coordination of services to seniors, among North Shore service providers. We do that through a program of education, networking, information sharing and group projects.

Again this year the Coalition received a grant in the amount of \$25,000 from the United Way of the Lower Mainland to incorporate a Seniors Planning Table (SPT) within the mandate of the Coalition. The SPT is action oriented and has developed three Working Groups designed to address the key issues of Advocacy, Community Development, and Education and Awareness. Each of the groups has taken on at least one special project this year. We are delighted to partner with the United Way of the Lower Mainland on this initiative and we are grateful for their support. The North Shore Seniors Planning Table is one of 7 Planning Tables funded by the United Way of the Lower Mainland this year.

The activities of the Seniors Planning Table are guided by the SPT Advisory Committee. The Committee is comprised of members of the Coalition who represent the different interests and components of the Coalition membership as a whole. The Society would like to thank Tricia Andrew, from the North Shore Neighbourhood House, Jaimie Brown from Mollie Nye House, the Lynn Valley Seniors Association and the North Vancouver Recreation Commission, Vanessa Jeffrey from Churchill House, Annwen Loverin from the Silver Harbour Centre and Jean Thompson from Vancouver Coastal Health for their guidance and support this past year.

Membership in the Coalition is open to a representative from any agency serving seniors on the North Shore. Funding for the Coalition is provided by a grant from the three North Shore municipalities, the United Way of the Lower Mainland and from membership fees.

The Coalition meets formally eight times a year on the third Tuesday of the month, from noon to 2:00 p.m., in the Oak Room, at the Delbrook Community Centre. Membership in the Services to Seniors Coalition – North Shore is included in your Society membership and everyone is welcome to attend.

FINANCIAL SUPPORT

The Lionsview Seniors' Planning Society gratefully acknowledges the financial assistance we have received from:

THE CITY OF NORTH VANCOUVER

THE DISTRICT OF NORTH VANCOUVER

THE DISTRICT OF WEST VANCOUVER

LIVING WELL 50+ HOME CARE SERVICES INC.

THE ROYAL CANADIAN LEGION – BRANCH 60

THE UNITED WAY OF THE LOWER MAINLAND

and donations and membership fees from individuals who support our work



A Strong Voice For Seniors on the North Shore

The Lionsview Seniors' Planning Society is funded in part by the City of North Vancouver, the Districts of North and West Vancouver, the United Way of the Lower Mainland and the Province of British Columbia.

Lionsview Seniors' Planning Society

Financial Statements

(Audited)

Year End March 31, 2010

Auditor's Report
Balance Sheet
Statement of Revenue and Expense
Statement of Members Equity
Cash Flow Statement
Notes to Financial Statements

LIONSVIEW SENIORS' PLANNING SOCIETY FINANCIAL STATEMENTS AS AT MARCH 31, 2010

Auditor's Report

To the members of Lionsview Seniors' Planning Society:

I have audited the balance sheet of LIONSVIEW SENIORS' PLANNING SOCIETY as at MARCH 31, 2010 and the statements of income and cash flow for the year then ended. These financial statements are the responsibility of the committee. My responsibility is to express an opinion on these financial statements based on my audit.

I conducted my audit in accordance with Canadian generally accepted auditing standards. Those standards require that I plan and perform an audit to obtain reasonable assurance whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by the committee, as well as evaluating the overall financial statement presentation.

In my opinion, these financial statements present fairly, in all material respects, the financial position of the Society as at MARCH 31, 2010 and the results of its operations for the year then ended in accordance with Canadian generally accepted accounting principles for non profit organizations.

Peter J.A. Isaac, CGA

North Vancouver, B.C. April 20, 2010

LIONSVIEW SENIORS' PLANNING SOCIETY BALANCE SHEET AS AT MARCH 31, 2010

	MAR 10	MAR 09
ASSETS		
Cash Gaming account Equity shares Seniors Planning Table ING Account GST Recoverable	\$10,798 119 12 18,997 1 166 30,093	\$ 6,156 137 12 13,522 10,588 210
ipital assets		
	\$30,093	\$30,625
	=====	======
T TARTE THEFE		
LIABILITIES MEMBERS' EQUITY		
mbers' equity		
Members' Equity	30,625	19,648
Excess of expenses over revenue	(532)	10,977
	30,093	30,625
	****	406 505
	\$30,093	\$30,625
	======	======

LIONSVIEW SENIORS' PLANNING SOCIETY STATEMENT OF REVENUE & EXPENSE FOR THE YEAR ENDED MARCH 31, 2010

	MAR 10	MAR 09
Revenue		
Coalition Membership Fees	\$ 430	\$ 500
Donations	870	943
Grants	39,960	14,633
Interest Income	57	301
LSPS Membership Fees	470	370
- North Shore News	1,200	1,350
Other income	1,085	1,056
UWLM - Seniors Planning Table	7.5.0	25,000
	44,072	44,153
xpenses		
Computer Expenses	168	93
Consulting Fees	8,054	2,100
Fax		2
Fees, Dues & Licences Honoraria	184	75
	1,043	533
Insurance Character & Bark Character	975	1,095
Interest & Bank Charges	36	285
Office Supplies	1,349	421
Other	175	163
Meeting Expenses	557	44
Photocopies	555	549
Postage	403	122
Program Expense	383	5,000
Rent & utilities	2,396	2,883
Telephone	776	611
Wages & Benefits	27,550	19,200
	44,604	33,176
		33,176
xcess of Expenses over Revenue.	\$ (532)	\$10,977
And the second s	======	======

The attached notes are an integral part of these statements.

LIONSVIEW SENIORS' PLANNING SOCIETY Statement of Members' Equity YEAR ENDED MARCH 31, 2010 (Unaudited - see Notice to reader)

	MAR 10	MAR 09
Balance at beginning of the year	\$ 30,625	\$ 19,648
Net Income (loss) for the year	(530)	10,979
	30,095	30,627
Balance at end of year	\$ 30,095	\$ 30,627
	=======	=======

The attached notes are an integral part of these statements.

LIONSVIEW SENIORS' PLANNING SOCIETY CASH FLOW STATEMENT FOR THE YEAR ENDED MARCH 31, 2010

	MAR 10		M	MAR 09	
: come before other items	\$	(532)	\$	10,977	
Operating activities Adjustments to convert to cash basis G.S.T. recoverable		44		(77)	
		(488)		10,900	
		(488)		10,900	
nancing activities	X = = =				
		0.00		0.00	
vesting activities					
		0.00		0.00	
crease in cash sh & equivalents at beginning of year		(488) 30,415		10,900	
sh & equivalents at end of year		29,927	\$	30,415	
represented by: Cash Gaming account Equity shares Seniors Planning Table ING Account	\$	10,798 119 12 18,997	\$	6,156 137 12 13,522 10,588	
	\$	29,927	\$	30,415	
	===	======	===	======	

LIONSVIEW SENIORS' PLANNING SOCIETY NOTES TO THE FINANCIAL STATEMENTS MARCH 31, 2010

ote 1.

The Society was incorporated under the Society Act of British Columbia under the name "Lionsview Seniors' Planning Society North and West Vancouver, B.C." on February 12, 1991 registration number S-27176.

. Deferred revenue
The Society has no revenue to be deferred at year end