



LIONSVIEW SENIORS' PLANNING SOCIETY

A Strong Voice for Seniors on the North Shore

ANNUAL REPORT 2013 - 2014

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Lionsview Seniors' Planning Society

Mission Statement

Our objective is to ensure that North Shore seniors are able to live and age well in their own communities.

Our Commitment

We promote the ongoing participation and contribution of seniors in the community.

We coordinate an inclusive North Shore Seniors Planning Table.

We undertake research and education and initiate planning projects on seniors' issues.

We host the Services to Seniors Coalition and work in partnership with service providers.

Our Organization

We are a registered charitable society operating on the North Shore.

We encourage volunteers and participation from community members of all ages.

Our research and projects are directed entirely at meeting needs expressed by those over 55 years of age.

We speak with a strong voice for seniors on the North Shore

Adopted November 18, 2010

BOARD OF DIRECTORS

2013 – 2014

Barbara Brett – PRESIDENT

Wendy McCrea –VICE PRESIDENT

Anita Dadson – SECRETARY

Pat Scarlett – TREASURER

Deanna Charlton – PAST PRESIDENT

Khodarahm Bakhshandeh - Director

Lorna Goodwin - Director

Raye Lee – Director

Annwen Loverin – Director

STAFF

Robyn McGuinness, Executive Director

Joan Beddoes, Administrative Assistant

Board Biographies 2013-14

Annwen Loverin

Annwen has worked in the field of seniors' recreation and social services since 1997. She is currently Executive Director of Silver Harbour Seniors' Activity Centre, which provides more than 70 programs and services for North Vancouver seniors. Annwen comes to this work with an MA in Community Planning from the University of British Columbia and a commitment to community development and engagement. She joined the Lionsview Board of Directors in 2013.

Khodarahm Bakhshandeh

Khodarahm is a retired mechanical engineer from Iran. Khodarahm held many important positions in the Abadan Refinery in Iran, eventually becoming the General Manager of this refinery. He spent 18 years working in Germany as the Authorized Representative for the reconstruction project of Bander Immam Petrochemical Complex and then as Procurement Manager in a company in Hamburg. He immigrated to Canada with his wife to be closer to their daughter. Khodarahm enjoys spending time with his 3 children and 3 grandchildren. He has been an active volunteer with "Hamrahan", an Iranian Senior Peer Support program since March 2009 and is currently a member of the Lower Capilano Seniors' Action Table. He serves on the board of the Canadian Iranian Foundation and joined the Lionsview Board of Directors in 2013.

Barbara Brett

Barbara is a retired social worker who has lived on the North Shore since 1972. She has held various clinical and management positions in child welfare settings including 15 years as Executive Director of Family Services of Greater Vancouver. She has had appointments at the UBC School of Social Work and was Registrar of the Board of Registered Social Workers. She served for seven years on the BC Review Board for Mentally Disordered Persons. Her volunteer work has been with the United Way, the BC Association of Social Workers, and the North Shore Health Board. Barbara looked for opportunities to participate in volunteer activities on the North Shore and is pleased to have joined the Lionsview Board in 2011. She currently serves as the President of the Board of Lionsview.

Deanna Charlton

Deanna has two daughters and has lived on the North Shore since 1978. She is a retired RN and her nursing career spanned 17 years in general surgery at St. Paul's hospital. Prior to entering nursing she had a 20 plus year career in business, primarily as a purchasing and inside sales manager for an analytical chemistry company and several electronics firms. Her hobbies and interests include seniors and community issues, music, photography and travel. She is currently a member of the Board of the Keep Well Society and a Past President of the Lionsview Seniors' Planning Society.

Anita Dadson

Anita has worked tirelessly for more than 30 years advocating for the development of community services for people with developmental and severe disabilities as well as seniors. She is the Past President of the Board of the Lionsview Seniors' Planning Society, working on housing and transportation issues relating to seniors and the disabled community. She is also Past President of the BC Association of Community Living and the current President of the BC Family Network. Anita has been awarded the Freedom of the District Award from the District of North Vancouver, the YMCA Woman of Distinction Award and the BC Community Achievement Award. Anita is a caring and committed individual who has worked and continues to work hard for the betterment of her community. She is currently the Secretary for the Board of Lionsview.

Lorna Goodwin

Lorna Goodwin has extensive experience in community development, not for profit governance, and management. A long time North Shore resident, she is a retired employment services manager and career coach. With over 20 years' experience, she is a Registered Rehabilitation Professional and Clinical Counsellor working in various sectors: education, health, government, social work and business. Currently, Lorna serves on various boards and committees including: Advisor, Capilano University's Elder University, Member of the Elder University Program Planning Committee, Past Chair, North Shore Chapter of Canadian Association of Retired Persons (CARP); a founding member for Volunteer North Shore, she is a volunteer Interviewer and currently serves on the Advisory Committee to the Better at Home and Caregiver Support Projects. She represents Lionsview at the Seymour Seniors' Action Table, and serves on the Parkgate Community Services Steering Committee for the new Seymour Area Dementia project.

Raye Lee

Raye joined the Lionsview Seniors' Planning Society (LSPS) in June of 2012, and is currently the LSPS Liaison to the City of North Vancouver Senior Action Table and the Seniors Today Advisory Committee. Raye recently retired from the Federal Public Service with 35 years of service and brings a wealth of community and public service to the Lionsview board. Raye served as a volunteer with the City of North Vancouver on the Social Planning Advisory Committee (SPAC), the Coach House Community Working Group, and the Lower Lonsdale Legacy Fund and represented the SPAC Committee on the Tri-Municipal Review of Community Grant forms. Raye is looking forward to continuing to support an age-friendly initiative on the North Shore that is not just for seniors, but for all of its citizens. Raye has two daughters and has enjoyed working and living on the North Shore for many years.

Wendy McCrea

Wendy moved to North Vancouver at the age of five. With a M.Sc. in Health Planning and Administration she has dealt with the needs of many seniors, particularly as the Executive Director of the Osteoporosis Society of BC and in a contract position with the Arthritis Society of Canada. Other employment includes management positions at UBC Hospital, ICBC, and as a physiotherapist in Vancouver, Montreal, London the UK and Neuchâtel, Switzerland. She has served as the President of the Lower Mainland chapter of the Canadian College of Health Care Executives, as a provincial appointee for the Assistive Devices Research and Development Board, and when her three children were young, on the Board of the North Shore Association for the Physically Handicapped. Wendy enjoys bridge, books and plays, walking, Aqua fit and travelling.

Pat Scarlett

Pat has lived in North Vancouver since 1971. She has two children and five grandchildren, none of whom live in the Vancouver area. Her career as a registered dietitian included: clinical dietetics in a large Toronto hospital, work with a multinational food company, and 28 years as National Nutrition Manager with a Canadian agricultural product association specializing in regulatory affairs and research. Her interests include travel, bridge, walking, reading, music and time with family and friends. Over the years she has participated in a variety of volunteer activities: door-to-door canvassing, church work, including the Finance Committee, Treasurer for the national conference of a professional association, and 12 years on the Board of the North Shore Community Foundation, serving 3 years as President. Pat is currently the Treasurer of the Lionsview Seniors' Planning Society.

President's Message

Our leadership changed in 2013. Tom Carney retired after six years as our Executive Director. Tom's leadership guided the society through the three year Seniors Today research project, all the while providing strong administrative support to the North Shore Seniors' Coalition and continuing and expanding Lionsview's role of supporting the development of age friendly services for seniors in our three North Shore Communities. We are grateful that Tom is continuing to write the bi weekly column "Older & Wiser" for the North Shore News.

Robyn McGuinness joined us in September as our new leader. A long-time resident of the North Shore she brings a strong background in working in seniors focussed programmes and impressed us with her strong commitment to our goal of encouraging involvement of seniors in every area affecting the quality of their lives. We look forward to her ideas for new initiatives.

Executive Director Report

We are grateful for the financial support of: The City of North Vancouver, The District of North Vancouver and The District of West Vancouver and for the collegial relationship we enjoy with their planning staff.

The United Way continues to support Lionsview's seniors' planning and we appreciate our positive relationship with United Way volunteers and staff.

We also thank New Horizons, the Vancouver Foundation, BC Gaming, Pacific Arbour Retirement Communities and all of our individual contributors.

The future of our communities being "age friendly" will depend on the voice and actions taken by seniors who live in these communities. The result of the Seniors Today project has been the development of age friendly services through the Senior Action Tables. These senior led tables identify local issues and work in partnership with community including seniors' centres to develop programs or services in response to these. Successful programs include: computer literacy training and English classes for Farsi speaking seniors in Lower Capilano; a new supported senior's recreation program and improved transportation in the Seymour area; the development and implementation of mobile information kiosks and educational pamphlets on disability parking in the City of North Vancouver and educational workshops on Housing and Elder Financial Abuse in West Vancouver. These initiatives could not have happened without our partnerships with the City and District libraries, Silver Harbour Seniors' Activity Centre, Parkgate Community Services, Capilano Community Services, the West Vancouver Seniors' Activity Centre and Vancouver Coastal Health.

The Services to Seniors Coalition continues to provide opportunities for networking, education, information sharing and collaborative action for senior leaders and service providers.

Highlights from our speakers list were the All Candidates Meeting last May and a discussion with Vancouver Coastal Health on Community Partnership programs in February. Through task groups, the Seniors Coalition is working together to improve programs for seniors who are at risk of social isolation and as well as improving transportation options for seniors on the North Shore.

Our communications were upgraded when the Society launched a new website this year with more information to support senior's active living and independence on the North Shore. In addition to the website, the Older & Wiser Column allows us to reach a broader audience of seniors and to learn new perspectives on the issues that seniors are facing in our community.

I would like to thank the Board and members of the society for their support since I arrived last September. In particular, I'd like to thank Pat Scarlett our retiring Treasurer for her dedication to keeping our financial systems in good order.

Thanks also to Peter Isaac, our auditor, Joan Beddoes for her administrative support, Jane Osborne, Joanne Cooper and Judith Harrington for their work with the Seniors Today project; the website and for mentoring the Senior Action Tables.



LSPS board member Annwen Loverin and executive director Robyn McGuinness attend a roundtable discussion on seniors' issues with the Minister of State for Seniors, Alice Wong in January.

SENIORS TODAY PROJECT

Last June, Lionsview completed the Seniors Today, Shaping North Shore Communities Phase 3 Report. The report provides an overview of the 4 year project and offers a valuable tool for seniors, planners, decision makers and service providers as it highlights needs, choices and actions that are currently underway to improve the quality of life for local seniors.

Phase 1 Seniors Survey

In November of 2011, Lionsview launched the largest single survey of North Shore seniors undertaken in our community. Entitled, **'Seniors Today, Building a Better Tomorrow,'** the survey used an age friendly lens to solicit the views of over 1200 seniors from across the North Shore. A diverse range of seniors were surveyed in our community using a model endorsed by the World Health Organization's Age Friendly Cities Project. The survey looked into eight areas that contribute to age friendly communities, namely public transportation, housing, social participation, respect and inclusion, employment and volunteerism, outdoor spaces and public buildings, community support and health services, and age friendly communication and information. We recognized that a certain segment of the population is already well represented by the current service planning and delivery process and we made a special effort to reach out to seniors who, for a variety of reasons, are currently underrepresented. Lionsview was awarded the 2011 Celebration of Seniors Award by the United Way of the Lower Mainland and the Seniors Survey was selected as the Project of the Year by PM Volunteers.

Phase 2 Acting for a Better Tomorrow

In 2012, a series of 13 workshops were held to discuss the results of the "Seniors Today Building a Better Tomorrow Survey" to share the results of the survey with the community and to solicit feedback. These workshops were held in specific areas across the North Shore including Seymour, West Vancouver, Lower Capilano and Central North Vancouver and addressed several themes such as; transportation, safety and security, livability, home care/support, information and referral, home maintenance and emotional/social supports. Overall participation in all sessions was 413 people, with additional facilitators and resource people in attendance. Another set of more informal presentations was facilitated at various venues, including service clubs, Tsleil-Waututh, Burrard Band, churches and libraries.

Phase 3 Seniors' Action Tables (SAT's)

The goal of the 3rd phase of the project was to encourage seniors to take action on issues that are important to them through the development of neighbourhood Senior Action Tables. Four Senior Action Tables were established on the North Shore between 2012 and 2014.

- 1) The City of North Vancouver SAT is supported by Silver Harbour Senior' Activity Centre and the City Library.
- 2) The District of North Vancouver SAT – Seymour Area is supported by Parkgate Community Services.
- 3) The District of North Vancouver SAT - Lower Capilano is supported by Capilano Community Services and the District Library.
- 4) The District of West Vancouver SAT is supported by the West Vancouver Seniors Activity Centre.

City of North Vancouver SAT

The priority for the city group was creating a more Age Friendly community by working with local business as well as pursuing an official Age Friendly designation for North Vancouver.

Mobile information kiosks were developed and SAT volunteers staffed the kiosks to help distribute information to seniors on community services and programs. These kiosks have been well received by the community.

A pamphlet was created to better explain parking for persons with disabilities and advocacy is underway for improved access to Lions Gate hospital for seniors needing regular care or visiting family members in palliative care.



District of North Vancouver SAT – Seymour

The priority for this area was the development of an Adult Day Program for people with early dementia so they could continue attending programs at their local community centre. A partnership with Parkgate Community Services and Vancouver Coastal Health led to a New Horizons grant to fund a pilot project. The pilot project is now underway with SAT participation on the Advisory Committee.

The Seymour SAT has worked with Transit authorities to improve access on the shuttle buses for seniors with mobility issues and to improve transit service in the area.



Board member Lorna Goodwin and Parkgate Community Services executive director, Lisa Reinders, along with Bill Richardson were active participants with the Seymour Seniors Action Table.

District of North Vancouver SAT – Lower Capilano

The Lower Capilano priority was to create computer literacy training for Farsi speaking seniors at Woodcroft. The library provided the computers and the trainers, while the SAT volunteers managed registration, translation and interpretation at the sessions. Thirty-six sessions were offered over a 6 month period. Volunteers also provided conversational English classes to Farsi speaking seniors.

The SAT supported the inclusion of local seniors in public consultation sessions for the development of the Lower Capilano Marine Village Centre Plans.



District of West Vancouver

The key issues identified in West Vancouver were housing and elder financial abuse. The West Vancouver SAT participated in the planning and delivery of a May 27th 2013 forum on "Rightsizing for Aging in Place". The SAT also hosted a session to educate West Vancouver seniors about the various forms of financial abuse targeting seniors.



“OLDER & WISER” NORTH SHORE NEWS COLUMN

Lionsview has the privilege of writing a column for seniors that is published in the North Shore News. The column, now published under the title “Older and Wiser,” is written by Tom Carney, former ED of the society and appears bi weekly in the Seniors Section in the Sunday edition of the paper.

Lionsview has been writing the column for 13 years. We were asked to write the column for a number of reasons. We promote the idea of age friendly communities across the North Shore and our focus on research and education helps us to be informed about seniors and seniors’ issues in our community. The goals of the column are to raise awareness about seniors’ service needs, to give a voice to the more than 30,700 seniors who live on the North Shore and to recognize the contribution seniors make to our community. The issues are topical but the column is non-partisan and non-political.

We covered a wide range of topics in the column this past year. Loneliness and Social Isolation, Safety in Care Facilities and Public Policy, Representation Agreements and End of Life Choices, Caregiving Challenges, Reliance on Technology, Standing Up for Veterans, Due Diligence and Donations and Dementia Care. We also covered some of the timely and important events that took place for seniors across the North Shore and the region.

Our target group, really, is anyone who lives on the North Shore. We do, of course, write the column for seniors and their families and we want to influence decision makers, but the fact is, we get responses to the column from all age groups. Now that more people have access to the Internet we also get responses to the column from across Canada and around the world.

The column is an opinion piece, but the commentary is informed by our work in the community and the feedback we get from our readers. The column is intended to give a voice to seniors and provide their perspective on a whole range of issues that are important to them. The column identifies gaps in services to seniors, initiates a discussion on how to meet these needs and prompts decision makers to take action on the important issues in the community. No other organization on the North Shore that we are aware of is providing this service to seniors.

Over half the columns that appear are generated from suggestions from the reader. We also seek and receive feedback on the column from our editor at the North Shore News, from our members and our community partners and when we talk with seniors in the community.

Lionsview Seniors’ Planning Society AGM 2013-2014

SENIORS

Taking stock of 2013's gains and losses

Last year's top stories no doubt the talk of 2014

Every column has a best before date.

So before the New Year gets any older let's review the stories that piqued our interest in 2013.

■ The bottom line

How are seniors doing? When we compare the well-being of our seniors to those in other countries the answer is pretty well. Not perfect, mind you, but our seniors are among the best looked after in the world.

Those who suggest otherwise are promoting their agenda, not yours.

■ Pension tension

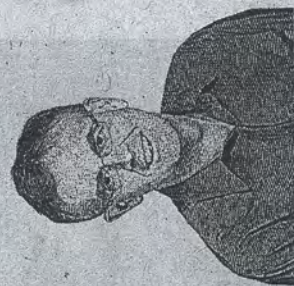
Pension reform was a bust in 2013. It was all talk and no action. There is no shortage of ideas on how to put more money

into the pockets of retirees. The trick is how to do it without compromising the future of our children and grandchildren.

■ The truth about the flu shot

The flu won't just make you sick, it can kill you. I think most people are better off getting the flu shot than not. But the flu shot appears to be especially poor at protecting seniors, its efficacy has been overstated and the rollout of the flu shot campaign by the health authority can and should be better.

That's not enough to push me into the anti-vaccine camp but I'm done promoting the flu shot.



Tom Carney
Older and Wiser

■ Let's talk

When I was growing up, we never talked about money, sex, politics or religion. It made for a rather tame conversation around the dinner table.

Fast forward 50 years and the taboo subjects are the right to die with dignity and the mental health of seniors.

We have to begin to talk about these issues. That didn't happen in 2013.

Things are not likely to get better until we do.

■ Age rage

Are today's seniors screwing everyone else? There's a lot of talk these days about how our seniors will bankrupt the treasury and doom the younger generation to be destitute.

Don't believe it. We're all in this together.

Those who promote inter-generational warfare do us a disservice.

■ Is there a humanist in the house?

The idea of improving patient care by considering the totality of the experience through the eyes of the patient is a fairly new idea. Science and technology are thriving in medicine but those taboo subjects I referenced earlier suggest a little more humanity and empathy are the antidotes

needed to mend our health-care system.

■ Are we there yet?

Wins for seniors in 2013 include the end of mandatory retirement, the establishment in two provinces of the office of a common market regulator, the release of senior action plans from the B.C. and Ontario governments, new federal legislation to protect seniors against fraud, proactive enrollment for old age security benefits and better labelling for drugs.

■ Chicken Little

The sky isn't falling. New research suggests the rate of cognitively impaired people 70 or older is in decline.

Better health care, healthier lifestyles and higher education are credited for the turnaround.

■ Older and oh well

Older and oh well

I penned my first column in 2006. A reader, by the name of George, was less than impressed. "I don't know who you are or where you come from," he said, "but one thing I know for sure is that I'm a heck of a lot smarter than you'll ever be."

Which brings me to my point. Older and Wiser, the name of this column, references the reader, not the writer, of the column. Thanks to all my readers, including George, for their interest, support and suggestions in 2013. I expect we will be talking more about these issues this year.

Tom Carney is the former executive director of the Lionsview Seniors' Planning Society. Ideas for future columns are welcome. tomcarney@telus.net

SERVICES TO SENIORS COALITION NORTH SHORE

Lionsview has been the host agency for the North Shore Services to Seniors Coalition since the service began in 1992. Known simply as "The Coalition", we have grown over the years and now have member agencies representing health, community and social service providers, housing, transportation, recreation, the faith community and local government at our table.

Our purpose is to facilitate the effective coordination of services to seniors, among North Shore service providers through a program of education, networking, information sharing and group projects.

The Coalition met nine times last year. We began our year with an All Candidates Meeting prior to the provincial elections. Additionally, Coalition members benefitted from the following speakers and presentations:

- Links to Healthy Living with Joni Vajda & Robyn McGuinness
- Seniors and Homelessness Issues with Leya Eguchi from Hollyburn Family Services
- Transportation in the Region- Mayor Richard Walton, BC Transit & GVRD
- Tsleil-Waututh Nation programs with Kari Chambers, Program Coordinator Tsleil Waututh Nation
- Better at Home – update with Nancy Hollstedt, North Shore Community Resources
- Elder University with Lynn Moran from Capilano University
- Vancouver Coastal Health Community Partnership Programs with Deborah Lorimer and Sandra Edelman

The United Way requested our support in providing a ranking of senior's issues from the North Shore for the new seniors advocate, Isobel Mackenzie. The Coalition identified; 1) mobility and transportation, 2) isolation and supports at home, 3) affordable housing and adult day centre programs and 4) funding cuts to community programs.

Funding for the Coalition is provided by a grant from the three North Shore Municipalities, the United Way of the Lower Mainland and from membership fees.

The Coalition meets formally on the third Tuesday of the month, from noon to 1:30 p.m., in the Oak Room, at the Delbrook Community Centre. Membership in the Coalition is included in your Society membership.

CONTRIBUTORS

2013/2014

Our sincere appreciation goes to the organizations and individuals listed below as well as the many others who have made contributions to Lionsview Seniors' Planning Society in the past year. We value your support.

Government of Canada

New Horizons Program

Province of British Columbia

Ministry of Public Safety and Solicitor General - BC Gaming

Municipalities

City of North Vancouver
District of North Vancouver
District of West Vancouver
NV Recreation Commission

Social Service Groups/ Foundations

Royal Canadian Legion #114
Royal Canadian Legion #118
United Way of the Lower Mainland
Vancouver Foundation

Corporate Donors

Pacific Harbour Retirement
Communities

Coalition Members

Alzheimer Society of BC
AMICA
Capilano Community Services
Churchill House
City of North Vancouver
District of North Vancouver
District of West Vancouver
Hear at Home
Hollyburn Family Services
Home Care West

Iranian Seniors Society
Jewish Family Services
LINKS to Healthy Living
Living Well Home Care
Lynn Valley Seniors
Association & Mollie Nye
Centre
North Shore Adult
Support Network
North Shore Caregivers
Support Program
North Shore Community
Resources Society
North Shore Disability
Resource Centre
North Shore Keep Well
North Shore Meals on Wheels
North Shore Multicultural
Society
North Shore Neighbourhood
House
North Shore Seniors Peer
Support
North Shore Restorative
Justice
North Shore Stroke Recovery
North Shore Volunteers for
Seniors
North Vancouver Recreation
Commission
Pacific Harbour Retirement
Communities
Park Gate Community
Services
Seniors Connect
Special Services Society
Silver Harbour Seniors' Activity
Centre
St. John Anglican Church
United Way of the Lower
Mainland
Vancouver Coastal Health
We Care Home Health
West Vancouver Seniors'
Activity Centre
West Vancouver United
Church

Supporters

Laura Anderson
Khodarahm Bakhshandeh
Joan Beddoes
Barbara Brett
Dolly Cartwright
Deanna Charlton
Anita Dadson
Sheila Gilmour
Lorna Goodwin
Elicia Hart
Janell Hilton
Alan Jones
Claire Kerruish
Karin Lind
Annwen Loverin
Raye Lee
Maureen Leyland
Doris Macdonald
Wendy McCrea
Jackie Morris
Rhelda Nicolson
Jane Osborne
John and Eleanor
O'Neil
Pat Overgaard
Pat Scarlett
Renee Strong

Financial Summary

2013-2014

Balance Sheet Ending March 31st, 2014

Revenue and Expenses April 1, 2013 to March 31, 2014

LIONSVIEW SENIORS' PLANNING SOCIETY
BALANCE SHEET
AS AT MARCH 31 ,2014

ASSETS		March 2014	March 2013
Current assets			
Cash	28,378	20,379	
Gaming account	12,028	10,295	
Equity shares	13	13	
Seniors Planning Table		8,485	
ING Account		1	
GST Recoverable	314	2,739	
	<u>40,733</u>	<u>41,912</u>	
Capital assets			
	<u>40,733</u>	<u>41,912</u>	
LIABILITIES			
Current Liabilities			
Accounts payable	323		
Payroll liabilities	1,979		
Deferred revenue	12,000		
	<u>14,302</u>	<u>0.00</u>	
Total liabilities	<u>14,302</u>	<u>0.00</u>	
MEMBERS EQUITY			
Members equity			
Members equity	17,396	26,412	
Restricted funds	6,250	24,514	
Excess of revenue over expenses	2,785	- 9,014	
	<u>26,431</u>	<u>41,912</u>	
	<u>40,733</u>	<u>41,912</u>	

LIONSVIEW SENIORS' PLANNING SOCIETY
REVENUE AND EXPENSE
SUMMARY

April 1, 2013 to March 31st, 2014

	April 1, 2013 to March 2014	April 1, 2012 to March 2013
REVENUE		
Coalition Membership Fees	475	300
Donations & Fundraising	557	2,912
Community Grants	39,498	42,567
Interest Income	62	36
LSPS Membership	220	170
North Shore News	1,450	900
Other Income		1,100
United Way Grant SIP		9,920
United Way Grant SPT	21,686	38,899
	<u>63,948</u>	<u>96,804</u>
EXPENSES		
Computer Expenses	136	2,958
UW SIP Project		9,920
Fees, Dues & Licenses	63	144
Fundraising		145
Honoraria	575	1,128
Insurance	965	942
Interest & Bank Charges	104	108
Office Supplies	489	364
Meeting Expense	1,394	359
Photocopies	228	260
Postage	121	253
Promotions	1,979	
Rent & Utilities	2,782	2,568
Seniors Today Project	16,690	58,829
Communications	5,919	1,541
Travel	183	
Wages & Benefits	29,535	26,299
	<u>61,163</u>	<u>105,818</u>
	<u>2,785</u>	<u>- 9,014</u>