

# Age Friendly

FINAL REPORT



# Age Friendly - History

- ▶ Age Friendly Designation - Who, What, and When



# Age Friendly – history continued

- ▶ Priorities for Meaningful Change - overview



# Age Friendly – history continued



## Priorities for Meaningful Change

- Outdoor Spaces and Public Buildings
- Public Transportation
- Housing
- Social Participation
- Respect and Inclusion
- Employment and Volunteerism
- Age Friendly Communication/Information
- Community Support and Health Services



# Age Friendly – Ongoing work

- ▶ Formation of sub-committee
- ▶ Development of matrix of goals, activities, and solutions
- ▶ Presentation to the Services to Seniors Coalition
- ▶ Collation of information from the Coalition



# Age Friendly – Seniors Action Tables

- ▶ Age Friendly – City SAT, Lower Lonsdale Legacy Grant
- ▶ Other SATs



# Age Friendly – Goal 1

## Progress to date

**Goal 1 – Seniors Coalition will discuss a coordinated outreach model amongst agencies providing outreach services to frail seniors, isolated seniors, and seniors at risk of isolation, in particular in underserved areas.**

- ▶ Pemberton Heights Community Hall – new programs (CAP Services)
- ▶ Waiting periods for Telus and ICBC – have been reduced
- ▶ Provide information to other agencies about programs available – NSCR / libraries
- ▶ First Link in action
- ▶ Providing home delivery of reading and viewing material through the library
- ▶ Have programs available for seniors to be kept informed – libraries, NSCR, and SAT kiosk program

# Age Friendly – Goal 1: Most Promising Activities

- ▶ Connect frail seniors 75+ (Allies in Aging)
- ▶ Create Seniors Social Clubs - NSMS
- ▶ Continue programs for seniors to be kept informed: libraries, Older and Wiser Column, roving kiosks, and NSCR





# Age Friendly – Goal 2

## Progress to date

**Goal 2 – Strengthen linkages and collaboration among community agencies, funding partners, the private sector, health authorities, and all three levels of government to provide long term affordable housing and support solutions to seniors in their home communities.**

- ▶ Creation of Housing Action plans by the CNV and DNV municipalities
- ▶ Continued work by CHAC and Hollyburn Family Services
- ▶ Allies in Aging are working on collaborative transportation plan as a support to those with housing needs

# Age Friendly – Goal 2

## Promising Activities

- ▶ Support activities of CHAC and Hollyburn
- ▶ Continue to advocate for affordable housing options
- ▶ Look at opportunities to partner with non profits and other agencies to establish seniors' specific housing



# Age Friendly – Goal 3

## Progress to date

### Goal 3 - **Transportation: obtain more volunteer drivers**

- ▶ Funded project of Silver Harbour Centre
- ▶ Cap Services, Seniors One Stop, and Better at Homes have volunteer transportation programs

# Age Friendly – Goal 3

## Promising activities

- ▶ Refer to Allies and Aging transportation committee/projects
- ▶ Record rides from all sources of alternative transportation options
- ▶ Include ways to connect to seniors with English as a second language in the transportation models



# Age Friendly – Goal 4

## Progress to date

**Goal 4: Encourage employers in conjunction with North Vancouver Chamber of Commerce and others to develop policies and programs to engage and retain older workers, discourage ageism in the workplace, promote the benefits of retaining older workers and encourage employers to plan for an aging work force. Also, agencies could increase volunteer positions.**

- ▶ Volunteer North Shore (NSCR) and other organizations provide access to volunteer positions for seniors on the North Shore



# Age Friendly – Goal 4

## Promising activities

- ▶ NSIIP could include immigrant seniors in strategic planning on employment
- ▶ Include workshops on employment in next Seniors Expo
- ▶ Connect with NV Chamber of Commerce
- ▶ Service Canada could provide training innovations for older workers

# Age Friendly – Goal 5

## Progress to date

**Goal 5 - Expand research on and develop a comprehensive strategy of support to seniors whose language of origin is not English and Aboriginal seniors, with North Shore Multicultural Society and local first nations communities.**

- ▶ NSCR caregiver support program provides Persian programming



# Age Friendly – Goal 5

## Promising activities

- ▶ Compile a list of immigrant serving organizations
- ▶ Propose an information sharing meeting
- ▶ Identify groups producing information in other languages and identify how information is being shared
  - ▶ Set up meeting for the above
- ▶ Follow up with North Shore Literacy Immigrant Seniors Program
- ▶ Follow up the review of Squamish Nation's elders' programming

# Age Friendly – Goal 6

## Progress to date

**Goal 6: Tri-municipal Dementia Friendly assessment and action plan is in development with opportunities to participate.**

- ▶ Community Dementia Day Services at Parkgate
- ▶ Formation of tri-municipal Dementia Friendly project
- ▶ North Shore Care Giver Support programs



# Age Friendly – Goal 6

## Promising activities

- ▶ Formation of Dementia Friendly steering committee
- ▶ Formation of Dementia Friendly strategy
- ▶ Way finding signage (DFS)
- ▶ Cultural specific and long range support for immigrant seniors and families



# Age Friendly – Goal 7

## Progress to date

**Goal 7: Further expand services that encourage and support seniors to remain living in their homes as long as possible.**

- ▶ First Link, North Shore Stroke Recovery Program, Cedarview Centre Day program, reading services, Seniors Hub, Golden Circles, Seniors Connect programs
- ▶ Increase in respite hours per day
- ▶ Development of a variety of programs and collaborative supports

# Age Friendly – Goal 7

## Promising activities

- ▶ Look at opportunities to expand and establish Seniors Day Centre programs in our town and village centres as well as emerging development sites.
- ▶ Adequate funding to Better at Home program



# Age Friendly – Miscellaneous activities

- ▶ Work with health care/mental health care providers to improve health and mental health of seniors.
- ▶ Work more closely with disability organizations
- ▶ Determining the current landscape for seniors with a mental or physical disability who are experiencing cognitive decline
- ▶ Make sure programs and services are accessible

# Where do we go from here?

- ▶ Make sure Age Friendly is not left off the agenda on the North Shore
- ▶ Look at ways Age Friendly and Dementia Friendly can be integrated

