

OLDER AND WISER: Get your pencils ready

[Tom Carney](#) / North Shore News

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WISER
Tom Carney



Quiz time! Our annual Seniors Quiz is back by popular demand.

This is the "lite" version of the quiz but that doesn't mean it's easy.

I've been known to get the answers wrong to my own quiz - I'll try to do better this year.

Unless otherwise noted, material for the quiz is sourced from Zoomer Magazine and online from WebMD.

Pencils ready? Good luck!

1. Scientists are tripping the elderly on purpose in a Chicago lab in an effort to prevent seniors from falling.

True or false?

2. Author Jay Teitel, in writing about the new Cyborg Nation, estimated that there are more than 300 million people worldwide whose bodies contain significant artificial replacement parts.

True or false?

3. Babysitting your grandkids is bad for your health.

True or false?

4. Scotland's oldest woman, 109, attributes her longevity to fitness, porridge and steering clear of men.

True or false?

5. Senior citizens in America have racked up \$18 billion in student loans.

True or false?

6. According to a recent poll from the BMO Financial Group, Canadian retirees spend, on average, \$2,400 a month on expenses.

True or false?

7. After retirement people tend to drink less alcohol.

True or false?

8. Stocks, bonds and mutual funds cannot be held in a Tax Free Savings Account (TFSA).

True or false?

9. The late Leona Helmsley, the hotelier, also known as the "Queen of Mean," left her Maltese dog, Trouble, a \$12 million trust fund.

True or false?

10. As you age you'll get shorter.

True or false?

11. Seniors polled for a recent study rank having good health as most essential for a happy retirement. Trying new things ranks last.

True or false?

12. Researchers at the University of Florida recently found that in a driving simulation, a single drink was all it took to impair the performance of people aged 55 to 70.

True or false?

13. A 91-year-old woman in Quebec received a ticket for disturbing the peace due to the noise made by her rocking chair.

True or false?

14. In the summer 2015 issue of Money Sense Magazine the District of West Vancouver ranked ahead of the District of North Vancouver as one of the best places to live in Canada.

True or false?

15. As we age our ears get bigger.

True or false?

16. Most adults can't remember anything that happened to them before they were three years of age.

True or false?

17. You are more likely to have age-related memory loss if you have high blood pressure.

True or false?

18. According to the American Substance Abuse and Mental Health Services Administration pot smoking by older North Americans is dramatically on the rise.

True or false?

19. Retirement lasts about twice as long today as it did in the 1960s.

True or false?

20. Most retirees say they want to move closer to their families.

True or false?

Answer Key: Questions numbered 3, 7, 8, 14 and 20 are false. All others are true.

In a future column I'll provide more information on the answers to some of the questions posed in the quiz.

Tom Carney is the former executive director of the Lionsview Seniors' Planning Society. Ideas for future columns are welcome. tomcarney@telus.net (<mailto:tomcarney@telus.net>)

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